



Education and training of the multidisciplinary team working in neonatology

Standard in brief

# Education programme supporting parents and families

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## Statement of the standard

All parents are provided with a training programme to facilitate their development as confident caregivers.



### For parents and family

- Parents and family members are informed about education and training opportunities by healthcare professionals that enable them to confidently care for their infant and to be considered an integral part of the multidisciplinary team.
- Parents and families are active contributors to a family-integrated care curriculum.



### For neonatal unit

- A unit guideline on family-integrated care is available and regularly updated.
- Educational materials for parents are easily accessible.



### For hospital

- Formal training in delivering family-integrated care is ensured.
- Infrastructure for educational programmes is provided.

## Benefits

- Reduced length of hospital stay
- Reduced parental stress anxiety, and postnatal depression
- Improved parental understanding, self-confidence, and satisfaction
- Improved healthcare professional satisfaction
- Improved parent-infant interaction



### For healthcare professionals

- A unit guideline on family-integrated care is adhered to by all healthcare professionals.
- Training in delivering family-integrated care is attended by all responsible healthcare professionals.
- Healthcare professionals contribute to a family-integrated care curriculum.



### For health service

- A national guideline on family-integrated care is available and regularly updated.



european standards of  
care for newborn health

Here you can access the full standard:  
<https://newborn-health-standards.org/standards/standards-english/education-training/education-programme-supporting-parents-and-families/>



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