

FRÜHCHEN & NEOKINDER

Personal experience as a parent of preterm born children hospitalised due to RSV

Dina Hediger
Affected mother and founder of Frühchen Schweiz
(Switzerland)

www.fruehchenschweiz.ch



RSV prevention and the RSV prophylaxis



- Information about RSV during the NICU
- **First winter with** vaccination after discharge from the NICU
- **Second winter without** the vaccination





Second winter – with RSV



Both twins were sick
(fever, runny nose
and a little bit of
coughing) – but still
very active at the
beginning





They looked more exhausted
every day





Hospital stay with RSV children

- **After six days at home,** twin B had to be hospitalized and needed a little bit of oxygen
- Two days later, twin A also had to be hospitalized – but in the intensive care unit





Hospital stay with RSV children

- We were able to stay at the hospital 24/7.
- My husband had to work, so all of our family members came to help me with the twins.
- By the end, they had much more energy, but it was hard to spend the entire day in such a small room.





Getting better slowly



In total:
Twin B was in the hospital
for 10 days and twin A for
7 days



Forms of support on this topic



- **More information about RSV** during the NICU with some factsheets
- **More stories from affected parents**
- **Receiving RSV prophylaxis for two winters** (for preterm and sick babies)
- **In Switzerland, fortunately, all babies now receive an RSV vaccination as of October 2024 (preterm and sick babies for two winters!) – We are happy!**