THE IMPORTANCE OF EFFECTIVE FOLLOW-UP OF PRETERM BABIES
REDUCING BURDEN, INCREASING QUALITY OF LIFE

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Reaching Life Course Goals: Wealth*

**Preterm Less Likely**
- Higher Education: 40%
- Employment: 13%
- Social Benefits: 19%

**Preterm More Likely**
- Higher Education: 18%
- Employment: 16%
- Social Benefits: 78%

*MLPT (32-36 weeks) | VPT (26-32 weeks)*

Reaching Life Course Goals: Social

<table>
<thead>
<tr>
<th></th>
<th>MLPT (32-36 weeks)</th>
<th>VPT (26-32 weeks)</th>
<th>EPT (&lt;26 weeks)</th>
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<tbody>
<tr>
<td>Romantic Partnership</td>
<td>67%</td>
<td>36%</td>
<td>21%</td>
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<tr>
<td>Sexual Intercourse</td>
<td>63%</td>
<td>15%</td>
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<tr>
<td>Parenthood</td>
<td>68%</td>
<td>33%</td>
<td>21%</td>
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Childhood Functioning and reaching Life Course Goals

Guidelines: Follow up & continuing care

- Improve Quality of Life
- Arrange appropriate support and care pathways
- Assessment of child and family functioning
- Set realistic expectations
Timing

Early Childhood (0-2 years)

- Physical Health
- Cognitive Development
- Neurodevelopment
- Social Development
- Parenting

Transition to school (4-7 years)

- Cognitive Development
- Language Development
- School Readiness
- Behavioural and Emotional Adjustments
- Parenting
- Social/Peer Relationships
Guidelines: Follow up & continuing care II

- Set realistic expectations
- Recognition of child and family functioning
- Improve Quality of Life
- Arrange appropriate support and care pathways
Case Management into Support

Early Childhood (0-2 years)

- Physiotherapy
- Parenting Intervention
- Play and language intervention

Transition to school (4-7 years)*

- Teacher Resources
- School Intervention
- Delaying School Entry

Reducing Burden, Increasing Quality of Life

Long-term quality of life for parents*

Happy, having friends and partner

Any Questions

Rent, taxes, death. I hate growing up.